



# Coping CONVERSATIONS



ASAP OF ANDERSON HAS A MISSION TO  
PREVENT AND REDUCE SUBSTANCE  
MISUSE AMONG YOUTH AND ADULTS IN  
ANDERSON COUNTY



## WHAT ARE COPING CONVERSATIONS?

This FREE program is provided for students to equip them with the tools needed to make better choices in how they cope as opposed to making choices that have negative benefits to their health and well-being.

- Virtual or In-person Meetings
- Referral Assistance (if needed)
- One-on-One and Group Sessions
- Individualized Student Plan

**Laura Taliaferro**

Student Services  
Coordinator

[laura@asapofanderson.org](mailto:laura@asapofanderson.org)

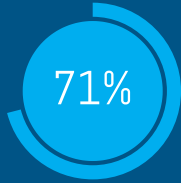


For more information  
or to sign up for Coping  
Coversations, scan this  
QR code



Follow ASAPofAnderson

865.457.3007  
[www.asapofanderson.org](http://www.asapofanderson.org)

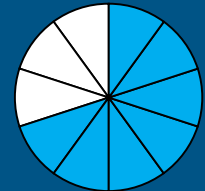


of youth with a major depressive disorder didn't receive services. A barrier to change is the workforce shortage in the Mental Health field (TDH)

**58K**

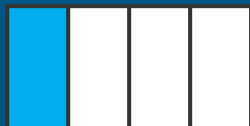
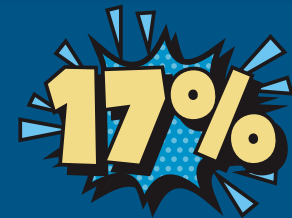
students age 12-17 have depression and 59.4% didn't receive care in the last year. 38.5% of individuals in TN don't receive mental healthcare due to cost (NAMITN, 2021)

7 in 10 youth in the TN juvenile justice system have a Mental Health condition (NAMITN, 2021)



students who were at moderate or high risk of psychological distress also reported past 30 day substance use (TN Together Survey, 2022)

17.6% of middle and high school students in Anderson County feel it would be "not at all wrong" or "a little bit wrong" for their peers to smoke marijuana. (TN Together Survey, 2024).



1 in 4 children in TN has a mental, emotional, or behavioral disorder (Data Research Center for Child Adolescent Health)

55.3 % of Anderson County students reported a great risk associated with vaping nicotine and 58% reported a great risk to vaping marijuana (TN Together Survey, 2024).

